



HIPPOTHERAPY TREATMENT PRINCIPALS

PART 1

WELCOME PACKET

**Friday, March 21, 2025 -
Sunday, March 23, 2025**

HOST INFORMATION

This Part I Workshop is presented by two organizations:

Bit-by-Bit Medical Therapeutic Riding Center (BBB)

BBB has provided the horses, participants, tack, and therapeutic tools.



Denise Panariello, MS, OTR/L
BBB Executive Director



Liz Nerhus, MS, OTR/L
BBB Program Manager

Equine-Assisted Therapies of South Florida (EATSF)

EATSF has provided the facility space, arena, food & beverage, and therapeutic tools.



Molly Murphy, MPA
EATSF Executive Director



Juliette Holden, MS, CTRS
EATSF Program Director



Missy Tussing
EATSF Barn Manager

Together, these nonprofit organizations represent two missions that provide services to the South Florida community and people with disabilities.

****PLEASE NOTE: EATSF IS A NUT FREE CAMPUS****

FACULTY INFORMATION

Your American Hippotherapy Association, Inc. (AHA, Inc.) faculty members are:



Meredith Bazaar, MA, CCC-SLP, HPCS

Meredith S. Bazaar is a NJ and NY licensed Speech-Language Pathologist and lifetime equestrienne. She received a Bachelor of Arts at The George Washington University in 1995 and a Master of Arts in speech and language pathology at Northwestern University in 1997. She is a Past President of the American Hippotherapy Association, Inc. (AHA). Meredith is a board certified Hippotherapy Clinical Specialist, coordinating faculty for the AHA, a PATH Intl. Certified Riding Instructor, founder of MSB Therapy, LLC, which provides speech and language evaluation and treatment to adults and children in a variety of settings, and serves on the American Hippotherapy Certification Board. She has presented at international conferences, guest lectured at universities and colleges, conducted training seminars, and supervised graduate students. Meredith was the 2010 recipient of the AHA, Inc. President's Award and is a registered member of AHA, AHCB, PATH, ASHA, NJSHA, and NYSHA.

Throughout her career, Meredith has worked as a speech-language pathologist in sub-acute care centers, residential care for United Cerebral Palsy (UCP) of New York State, acute care and sub acute care at the Montefiore Medical Center, and managed a day program for people with TBI. As an equestrienne, she has competed in the AHSA Medal, the ASPCA Maclay, the USET Medal, and Intercollegiate Horse Show Association Finals. Currently, Meredith rides for pleasure when she is not working, teaching, and most importantly parenting Sylvie and Arlo.



Carol Huegel, PT, HPCS

Carol is a PT graduate from the University of Florida. She has an NDT and vestibular rehab background and has incorporated hippotherapy in treatment with patients of all ages from toddlers to 80's, with varied diagnoses. Carol attended her first PATH, Intl Workshop in 1982. She co-founded two not for profit organizations, most recently GREAA! – Gainesville Riding through Equine Assisted Activities and Therapy.

Carol has served as a clinical instructor for physical therapy and assisted students from a variety of programs around the country. She is a PATH Certified Therapist and Riding Instructor and a Hippotherapy Clinical Specialist. She is a past AHA Board Member and is the current Chair of the American Hippotherapy Certification Board. You can reach Carol at hippopt@aol.com.

FACILITY INFORMATION



The workshop will be held at EATSF:

Physical Address: Tradewinds Park North, 3601 West Sample Road, Coconut Creek, FL 33073

*****Please use your GPS up until the entrance to Tradewinds Park. Once inside the park, use the directions below*****

Step 1: Enter the north side of the park and follow the road around. You will pass a single guard gate, as well as a pair of guard gates farther down the road.

Step 2: Stop at the stop sign for trail horses.

Step 3: After you pass the horse crossing Stop sign the road will then curve slightly left. Make your next right at the LARGE blue and white horse statues.

Step 4: EATSF is the the first red barn on the left. Pull into the driveway to park, or park on the other side of the white perimeter fence.

Lost/Need Assistance?

Call Molly Murphy with EATSF at 561-212-3171 or 954-974-2007

BASIC WORKSHOP SCHEDULE

Friday, March 21, 2025

Classroom

7:30 a.m. - 12:15 p.m.

CEU Start Time

8:00 a.m.

Break

10:15 a.m. - 1:30 a.m.

Lunch

11:45 a.m. - 12:15 p.m.

Arena

12:15 p.m. - 5:00 p.m.

Notes:

BASIC WORKSHOP SCHEDULE

Saturday, March 22, 2025

Classroom

7:45 a.m. - 8:00 a.m.

CEU Start Time

8:00 a.m.

Arena/Barn

8:00 a.m. - 9:30 a.m..

Classroom

9:30 a.m. - 12:45 a.m.

Break

10:45 a.m. - 11:00 a.m.

Lunch

12:00 p.m. - 12:45 p.m.

Arena

12:45 p.m. - 3:15 p.m.

Classroom

3:15 p.m. - 5:15 p.m.

Notes:

BASIC WORKSHOP SCHEDULE

Sunday, March 23, 2025

Classroom

7:45 a.m. - 8:00 a.m.

CEU Start Time

8:00 a.m.

Arena

8:00 a.m. - 12:00 p.m.

Break

10:15 a.m. - 10:30 a.m.

Lunch

12:00 p.m. - 12:45 p.m.

Classroom

12:00 p.m. - 3:00 p.m.

Notes:

WHERE TO FLY & DRIVE

Flying



Fort Lauderdale/Hollywood International Airport

Call Sign: FLL

- 23 miles from Coconut Creek



Palm Beach International Airport

Call Sign: PBI

- 35 miles from Coconut Creek

Car Rental

Your best bet is to use a car rental company affiliated with your airport of choice.

Ride Sharing - Uber and Lyft (*Not Recommended*)

Please **do not** rely on ride sharing services like Uber and Lyft to get you to EATSF for the workshop. Because the facility is located in a county park, drivers have difficulty finding our location, and have been known to cancel their rides.

If you need help with transportation please contact Molly Murphy (EATSF) at 561-212-3171 or 954-974-2007

WHERE TO STAY



Hampton Inn and Suites Coconut Creek

Address: 5740 N State Rd 7, Coconut Creek, FL 33073

Phone: 954-363-3000

Website



Residence Inn Fort Lauderdale, Coconut Creek

Address: 5730 N State Rd 7, Coconut Creek, FL 33073

Phone: 954-418-4000

Website



La Quinta Inn & Suites by Wyndham Coral Springs South

Address: 3100 N University Dr, Coral Springs, FL 33065

Phone: 954-344-2200

Website



Courtyard Fort Lauderdale Coral Springs

Address: 620 N University Dr, Coral Springs, FL 33071

Phone: 954-227-1300

Website

WHERE TO EAT



Promenade at Coconut Creek

Address: 4467 Lyons Road,
Coconut Creek, FL 33073

Local Notes: Outdoor shopping mall with options for everyone! Cooper's Hawk Restaurant and Winery World of Beer, Ethos Greek Bistro, Starbucks, etc.



La Bamba Mexican Spanish Restaurant II

Address: 5452 W Sample Rd, Margate, FL 33073

Local Notes: A popular spot for those who love a delicious burrito or taco!



The Cove Waterfront and Tiki Bar

Address: SE 3rd Court, Deerfield Beach, FL 33441

Local Notes: Sit by the water and watch the boats come in and enjoy some great seafood. This spot has several fun options around it too!

When in doubt, pop "Restaurants near me" in your Google or Map app and explore the area! You are right in the middle of the action, with Fort Lauderdale about 30 minutes South. Want to enjoy the beach? We recommend stopping to enjoy Pompano Beach too! Publix is the local supermarket in Florida for snacks.