

## Faculty

### **Bonnie Cunningham, MA, PT, HPCS**

Bonnie is a Physical Therapist with an MA, and MPA. She is a PATH Intl. Certified Riding Instructor and certified as a National Assessor for riders interested in competing in national events and the Paralympics. Bonnie is a certified clinical specialist in hippotherapy, coordinating faculty for American Hippotherapy Association, Inc., has taught internationally and presented at national and international conferences. She has served AHA, Inc. as their first executive director and board president. Bonnie has co-authored the AHA, Inc. courses: Long Lining: Maximizing Your Horses Potential and the Neuro Connection course. Bonnie was the 2007 recipient of the AHA, Inc. award for outstanding leadership. She has guest lectured on equine movement analysis for therapeutic riding horses at Centenary University in NJ.



UpReach Therapeutic Equestrian Center  
153 Paige Hill Road,  
Goffstown NH, 03045  
603-497-2343  
[allison@upreachtec.org](mailto:allison@upreachtec.org)  
[www.upreachtec.org](http://www.upreachtec.org)

## Continuing Education

A certificate of attendance will be provided. Contact hours total 27. Courses are not pre-approved unless indicated otherwise.

## Travel Information

**Closest airports** – we are ½ hour from Manchester Regional Airport and 1 hour from Logan Airport in Boston MA.

**Other travel instructions** - Transportation arrangements to and from the facility will need to be made by the participants.

**Parking instructions** – parking is available in front of the barn, as well as along the side of the barn

## Lodging Information

On Site Housing- There is a full kitchen and living room, along with 3 rooms with multiple beds in each room. Space is limited. Call for availability and pricing 603-497-2343.

Holiday Inn - 2280 Brown Avenue,  
Manchester, NH 03103 (1-800-315-2621 )

TownePlace Suites Manchester- 686 Huse Rd  
Manchester, NH (603-641-2288)

**The curriculum may be utilized only under conditions set forth by AHA, Inc.**

# The American Hippotherapy Association

Presents

**AHA Inc. Approved**

**Level I**

**Treatment Principles**

**Hosted By: UpReach**

**Therapeutic Equestrian Center**

**September 6-7, 2019**



***Please return registration forms by***

***email to: [mwood@theahainc.org](mailto:mwood@theahainc.org)***

***Or by mail to:***

***2537 Research Blvd. Suite #203***

***Fort Collins, CO 80526***

## Level I Treatment Principles

This course is 4 days total with 3 days of in person instruction **and** 8 hours of online study. It is an overview of the principles of hippotherapy, designed for therapists (PT, OT, SLP, PTA, COTA, SLPA) interested in utilizing hippotherapy in their practice. The online portion emphasizes the horse, and the importance of the quality of the horse's movement working in treatment. The attendee will learn to interpret the body language of the horse, groom, tack and lead the therapy horse, recognize desirable conformation, soundness, movement quality, gaits, and understand training, conditioning and humane treatment of the therapy horse.

During the in- person portion of the course and building on these equine skills, the attendee will explore the dynamic system of therapist, patient, horse handler and horse as is applied in Hippotherapy. Topics include: the history and development of hippotherapy in the US, understanding the biomechanical and sensory interaction of horse/human, horse selection, safety principles, patient and horse selection, precautions and contraindications, patient evaluation, maximizing the effects of equine movement including use of school figures and movement progression, the role of the therapy team members, documentation, business aspects and current research in the effects of equine movement. Adaptive riding instructors, horse handlers, administrators and others interested in hippotherapy treatment principles are welcome to attend, teamed with their therapist. Graduate occupational, physical and speech therapy students must be in their last semester of graduate school to be eligible to attend this course for credit.

## Registration Information

All attendees will receive a hard copy of the AHA, Inc. Level I Treatment Principles Manual. The course fee also includes lunch. During the course you will be on and/or working directly with horses. Please have appropriate clothing/footwear. Helmets will be provided. If your weight exceeds 200 lbs, you may be excused from the mounted portion of the course. Indicate any special restrictions on the registration form.

**Cancellation Policies:** AHA, Inc. and the host facility reserve the right to adjust course dates, times and faculty to accommodate unforeseen circumstances including cancellation of the course due to insufficient registration up to 3 weeks prior to the scheduled start date. Notification will only be made to advanced registrants. Neither AHA, Inc. nor the host facility is responsible for any expenses incurred by registrants due to such adjustments.

Participant cancellation requests must be made in writing no less than 3 weeks prior to the course start date to receive a refund, minus a \$100 administrative fee. No refunds will be given for cancellations received within three weeks prior to the start of the course.

**Course prerequisite:** Successful completion of the on-line "Intro to Equine Skills" test reviewing equine care and management. Completion of the course must be at least 3 weeks prior to the start of the course. AHA, Inc. staff will confirm with the host site that the test has been completed and passed. The cost of the test is \$35.00. Visit the AHA, Inc. website under "Curriculum Overview," under the Education tab for a link to purchase.

## Registration Form

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/ State/ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

\*AHA, Inc. Member #/exp.: \_\_\_\_\_

New memberships are accepted. Join today at [www.americanhippotherapyassociation.org](http://www.americanhippotherapyassociation.org).

**Credentials as listed on course certificate:**

\_\_\_\_\_

Non-therapists: *Please Circle one:* Riding Instructor / Horse handler /Administrator/ Other \_\_\_\_\_

Height \_\_\_\_\_

Weight \_\_\_\_\_

Special needs-mobility restrictions/diet/etc.

\_\_\_\_\_

Registration is limited.

**Early registration on or before August 16, 2019**

\_\_\_\_\_ \$850.00 for AHA, Inc. Member/\$950.00 for Non-AHA, Inc. Member

**After August 16, 2019**

\_\_\_\_\_ \$925.00 for AHA, Inc. Member/\$1,025 for Non-AHA, Inc. Member

\_\_\_ Check - payable to AHA Inc.

\_\_\_ Charge MC VISA AM EX

Name on Card \_\_\_\_\_

Card Number \_\_\_\_\_

Exp. Date \_\_\_\_\_ Security Code \_\_\_\_\_

Billing zip code \_\_\_\_\_