

Faculty

Karen Gardner, MOT, OTR, HPCS

Karen has a Master's degree in Occupational Therapy and is the owner of Silver Lining Therapy, LLC in Texas. She is an AHA Faculty member, Hippotherapy Clinical Specialist (HPCS), PATH-Intl Master Instructor and Driving Instructor. She is an adjunct professor for the OTA Program at Lone Star College. Karen is certified in Natural Lifemanship Trauma Focused Equine Assisted Psychotherapy (TF-EAP) Therapy specialties include sensory integration, aquatics, DIR Floortime and NDT. She presents at local, state and national conferences on a variety of topics within OT, hippotherapy, adaptive riding and horse training. She utilizes a variety of natural horsemanship techniques in her horse training and therapy sessions. Karen is a past President and former Board Member of the American Hippotherapy Association, Inc.

Course Location



QUANTUM LEAP FARM, INC.
10401 Woodstock Rd, Odessa FL 33556
Farm Office: 813-920-9250 ext. 208

Travel Information

Quantum Leap Farm is located approximately 28 minutes (20.7 miles) from Tampa International Airport, and 38 minutes (26 miles) from St. Petersburg-Clearwater International. Transportation to and from the facility will need to be arranged by the participants.

Lodging Information

Holiday Inn Express and Suites will be reserving a block of rooms for this course. Please call 727- 835-7820 and mention 3 letter group code QLF

Holiday Inn Express & Suites 2125 Corporate Center Dr Trinity, FL 34655

PHONE: (727) 835-7820

FAX: (727) 835-7819

CELL: (352) 397-5787

Complimentary Amenities: Full Breakfast Buffet, Microwave, Refrigerator, Flat Screen TV w/ Full HD Cable, Heated Pool, Hot Tub, Fitness Center, Business Center, Wireless Internet & Printing, Iron & Hair Dryer

Registration Information

A certificate of attendance will be provided. Contact hours total 27. Courses are not pre-approved unless indicated otherwise.

All attendees will receive a hard copy of the AHA, Inc. Treatment Principles Manual - Level Part 1. The course fee also includes lunch. During the course you will be on and/or working directly with horses. Please have appropriate clothing/ footwear. Helmets will be provided. If your weight exceeds 170 lbs., you may be excused from the mounted portion of the course. Indicate any special needs on the registration form (i.e. food allergies) and by contacting the AHA, Inc. office prior to submitting your registration form.

Cancellation Policies: AHA, Inc. reserves the right to adjust course dates, times and faculty to accommodate unforeseen circumstances including cancellation of the course due to insufficient registration up to 3 weeks prior to the scheduled start date. Notification will only be made to advanced registrants. Neither AHA, Inc. nor the course location is responsible for any expenses incurred by registrants due to such adjustments.

Participant cancellation requests must be made in writing no less than 3 weeks prior to the course start date to receive a refund, minus a \$100 administrative fee. No refunds will be given for cancellations received within three weeks prior to the start of the course.



American Hippotherapy Association Inc.
Presents

Level I – Hippotherapy Treatment Principles

Course Location & Dates:

Quantum Leap Farm

Feb. 9-11, 2019



Please email or mail registration information to AHA Inc.

mwood@theahainc.org

2537 Research Blvd. Suite #203

Fort Collins, CO 80526

Course Description

Course prerequisite: Successful completion of the on-line “Intro to Equine Skills” test reviewing equine care and management. Completion of the course prerequisite must be done at least 3 weeks prior to the start of the Level I course. AHA, Inc. staff will confirm with that the test has been completed and passed. The cost of the test is \$35.00. Visit the AHA, Inc. website under “Curriculum Overview,” to locate the link to purchase the on-line “Intro to Equine Skills” test.

Course Overview: This course is an overview of the principles of hippotherapy, designed for therapists (PT, OT, SLP, PTA, COTA, SLPA) interested in utilizing hippotherapy in their practice. The course is equivalent to 4 days total instruction: 1 day of on-line study prior to 3 days of in person instruction. The on-line study consists of foundational information required for an understanding of the principles of hippotherapy. In person, the first day emphasizes the horse, and the importance of the quality of the horse’s movement working in treatment.

A few of the course Learning Outcomes include: (for a full list of Learning Outcomes please visit the AHA, Inc. website).

- Learners will be able to describe the five primary relationships between the three-dimensional movement of the horse's pelvis and the human pelvis for application during a therapy treatment.
- Learners will be able to describe how the three-dimensional movement of the horse can be incorporated to facilitate the neuromotor systems that support functional motor and communication

outcomes.

- Learners will be able to list and describe five key considerations in patient evaluation for determining if hippotherapy, skilled equine movement, should be included in a patient’s therapy POC.
- Learners will be able to list and describe six precautions and/or contraindications for inclusion of hippotherapy, skilled equine movement into a patient’s therapy POC.
- Learners will be able to list and describe the five primary parameters with respect to matching patient impairment, size and functional limitation and horse size, gait and temperament for optimal and safe incorporation of skilled equine movement into a therapy POC.
- Learners will be able to demonstrate three safe methods of transitioning the patient on/off the horse during a therapy treatment session.
- Learners will be able to identify and describe four biomechanical and two sensory effects of skilled equine movement on an individual during the mounted practicum relating those effects to functional outcomes in therapy.
- Learners will demonstrate the correct fit and describe the effects for a variety of equipment for the horse and patient when including skilled equine movement in a patient's therapy POC.
- Learners will be able to list three potential emergencies and describe appropriate safety procedures related to those emergencies when hippotherapy (skilled equine movement) is incorporated into the therapy.
- Learners will be able to describe the effect of skilled equine movement on three different patient diagnoses as related to

their systems impairment, participation restriction and functional outcomes through participation in a therapy treatment planning practicum.

- Learners will be able to explain how to purposefully manipulate equine movement by describing five different strategies that can be incorporated into treatment to rehabilitate the impairment in the patient's system and work on goals set in the therapy POC.
- Learners will demonstrate correct documentation in writing treatment and progress notes related to the current use of equine movement as a treatment tool/strategy incorporated into occupational therapy practice.
- Learners will be able to list three examples of how the therapist using skilled equine movement incorporates the AHA Best Practice Guidelines into the practice of occupational therapy.

Registration Form Feb 9-11, 2019

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____

Email: _____

*AHA, Inc. Member #: _____

New memberships are accepted.

Join today at www.americanhippotherapyassociation.org.

Credentials to be listed on course certificate:

Height _____ Weight _____

Special needs, mobility restrictions, diet, etc. **Please notify the AHA, Inc. office prior to completing this registration of your special needs.**

Registration is limited.

Early registration on or before Jan 19, 2019

_____ \$850.00 for AHA, Inc. Member

_____ \$950.00 for Non-AHA, Inc. Member

After Jan 19, 2019

_____ \$925.00 for AHA, Inc. Member

_____ \$1,025 for Non-AHA, Inc. Member

___ Check - payable to AHA Inc.

___ Charge MC VISA AM EX

Name on Card _____

Card Number _____

Exp. Date _____ Security Code _____

Billing zip code _____