

## Faculty

### **Lisa Harris, MVS, PT, HPCS**

Lisa practices physical therapy at Cardinal Hill Rehabilitation Hospital in Lexington, Kentucky where she incorporates hippotherapy through a partnership with Central Kentucky Riding for Hope. Lisa has both a MS in Physical Therapy and Veterinary Science, specializing in equine biomechanics. She is a hippotherapy clinical specialist and has served on the AHA board as vice president, research chairperson and newsletter editor. She is currently on the AHA board as the education chair. She is a PATH, Intl. Advanced therapeutic riding instructor and graduate 'A' pony clubber who has evented through the Intermediate Two Star Level and has coached young riders through the Preliminary level.

## Travel Information

**Airport:** Nashville International Airport

Saddle Up! is located approximately 30 minutes south of Nashville. GPS is good about getting you to Saddle Up!. If you are coming from the north and will be turning left into our driveway and accidentally skip our driveway, please drive down a few houses before you turn around to come back. Our immediate neighbor on that side does not like people turning around in her driveway. We ask that you leave the front row of parking spots for Saddle Up! clients. You are welcome to park anywhere else in the lot.

## Lodging Information

Hampton Inn – (615) 373-2212

Baymont Inn and Suites – (615) 376-4666

Homestead Studio Suites – (615) 771-7600

Marriott Inn – (615) 261-6100

Embassy Suites Franklin – (615) 515-5151

## Registration Information

A certificate of attendance will be provided. Contact hours total 27. Courses are not pre-approved unless indicated otherwise.

All attendees will receive a hard copy of the AHA, Inc. Treatment Principles Manual - Level Part 1. The course fee also includes lunch. During the course you will be on and/or working directly with horses. Please have appropriate clothing/ footwear. Helmets will be provided. If your weight exceeds 215 lbs., you may be excused from the mounted portion of the course. Indicate any special needs on the registration form (i.e. food allergies) and by contacting the AHA, Inc. office prior to submitting your registration form.

**Cancellation Policies:** AHA, Inc. reserves the right to adjust course dates, times and faculty to accommodate unforeseen circumstances including cancellation of the course due to insufficient registration up to 3 weeks prior to the scheduled start date. Notification will only be made to advanced registrants. Neither AHA, Inc. nor the course location is responsible for any expenses incurred by registrants due to such adjustments.

Participant cancellation requests must be made in writing no less than 3 weeks prior to the course start date to receive a refund, minus a \$100 administrative fee. No refunds will be given for cancellations received within three weeks prior to the start of the course.



American Hippotherapy Association Inc.  
Presents

## Level I – Hippotherapy Treatment Principles

### Course Location & Dates:

### Saddle-Up!

May 19-21, 2019



*Please email or mail registration information to AHA Inc.*

[mwood@theahainc.org](mailto:mwood@theahainc.org)

2537 Research Blvd. Suite #203

Fort Collins, CO 80526

## Course Location



Saddle-Up!  
1549 Old Hillsboro Road  
Franklin, TN 37069

## Course Description

**Course prerequisite:** Successful completion of the on-line “Intro to Equine Skills” test reviewing equine care and management. Completion of the course prerequisite must be done at least 3 weeks prior to the start of the Level I course. AHA, Inc. staff will confirm with that the test has been completed and passed. The cost of the test is \$35.00. Visit the AHA, Inc. website under “Curriculum Overview,” to locate the link to purchase the on-line “Intro to Equine Skills” test.

**Course Overview:** This course is an overview of the principles of hippotherapy, designed for therapists (PT, OT, SLP, PTA, COTA, SLPA) interested in utilizing hippotherapy in their practice. The course is equivalent to 4 days total instruction: 1 day of on-line study prior to 3 days of in person instruction. The on-line study consists of foundational information required for an understanding of the principles of hippotherapy. In person, the first day emphasizes the horse, and the importance of the quality of the horse’s movement working in treatment.

A few of the course Learning Outcomes include: (for a full list of Learning Outcomes please visit the AHA, Inc. website).

- Learners will be able to describe the five primary relationships between the three-dimensional movement of the horse's pelvis and the human pelvis for application during a therapy treatment.
- Learners will be able to describe how the three-dimensional movement of the horse can be incorporated to facilitate the neuromotor systems that support functional motor and communication

outcomes.

- Learners will be able to list and describe five key considerations in patient evaluation for determining if hippotherapy, skilled equine movement, should be included in a patient’s therapy POC.
- Learners will be able to list and describe six precautions and/or contraindications for inclusion of hippotherapy, skilled equine movement into a patient’s therapy POC.
- Learners will be able to list and describe the five primary parameters with respect to matching patient impairment, size and functional limitation and horse size, gait and temperament for optimal and safe incorporation of skilled equine movement into a therapy POC.
- Learners will be able to demonstrate three safe methods of transitioning the patient on/off the horse during a therapy treatment session.
- Learners will be able to identify and describe four biomechanical and two sensory effects of skilled equine movement on an individual during the mounted practicum relating those effects to functional outcomes in therapy.
- Learners will demonstrate the correct fit and describe the effects for a variety of equipment for the horse and patient when including skilled equine movement in a patient's therapy POC.
- Learners will be able to list three potential emergencies and describe appropriate safety procedures related to those emergencies when hippotherapy (skilled equine movement) is incorporated into the therapy.
- Learners will be able to describe the effect of skilled equine movement on three different patient diagnoses as related to

their systems impairment, participation restriction and functional outcomes through participation in a therapy treatment planning practicum.

- Learners will be able to explain how to purposefully manipulate equine movement by describing five different strategies that can be incorporated into treatment to rehabilitate the impairment in the patient's system and work on goals set in the therapy POC.
- Learners will demonstrate correct documentation in writing treatment and progress notes related to the current use of equine movement as a treatment tool/strategy incorporated into occupational therapy practice.
- Learners will be able to list three examples of how the therapist using skilled equine movement incorporates the AHA Best Practice Guidelines into the practice of occupational therapy.

## Registration Form May 19-21, 2019

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

\*AHA, Inc. Member #: \_\_\_\_\_

New memberships are accepted.

Join today at [www.americanhippotherapyassociation.org](http://www.americanhippotherapyassociation.org).

**Credentials to be listed on course certificate:**

Height \_\_\_\_\_ Weight \_\_\_\_\_

Special needs, mobility restrictions, diet, etc. **Please notify the AHA, Inc. office prior to completing this registration of your special needs.**

### Registration is limited.

Early registration on or before April 29, 2019

\_\_\_\_\_ \$850.00 for AHA, Inc. Member

\_\_\_\_\_ \$950.00 for Non-AHA, Inc. Member

After April 29, 2019

\_\_\_\_\_ \$925.00 for AHA, Inc. Member

\_\_\_\_\_ \$1,025 for Non-AHA, Inc. Member

\_\_\_ Check - payable to AHA Inc.

\_\_\_ Charge MC VISA AM EX

Name on Card \_\_\_\_\_

Card Number \_\_\_\_\_

Exp. Date \_\_\_\_\_ Security Code \_\_\_\_\_

Billing zip code \_\_\_\_\_