

Faculty

Karen Gardner MOT, OTR, HPCS

Karen has a Master's degree in Occupational Therapy and is the owner of Silver Lining Therapy, LLC in Texas. She is an AHA Faculty member, Hippotherapy Clinical Specialist (HPCS), PATH-Intl Master Instructor and Driving Instructor. She is an adjunct professor for the OTA Program at Lone Star College. Karen is certified in Natural Lifemanship Trauma Focused Equine Assisted Psychotherapy (TF-EAP) Therapy specialties include sensory integration, aquatic, DIR Floortime and NDT. She presents at local, state and national conferences on a variety of topics within OT, hippotherapy, adaptive riding and horse training. She utilizes a variety of natural horsemanship techniques in her horse training and therapy sessions. Karen is a past President and former Board Member of the American Hippotherapy Association, Inc.

Lisa Harris, MVS, PT, HPCS

Lisa practices physical therapy at Cardinal Hill Rehabilitation Hospital in Lexington, Kentucky where she incorporates hippotherapy through a partnership with Central Kentucky Riding for Hope. Lisa has both a MS in Physical Therapy and Veterinary Science, specializing in equine biomechanics. She is a hippotherapy clinical specialist and has served on the AHA board as vice president, research chairperson and newsletter editor. She is currently on the AHA board as the education chair. She is a PATH, Intl. Advanced therapeutic riding instructor and graduate 'A' pony clubber who has evented through the Intermediate Two Star Level and has coached young riders through the Preliminary level.

Course Location



Windridge Therapeutic Equestrian Center
593 Windridge Rd, Gilmer, TX
75645

Travel Information

Windridge is located approximately three hours from the Dallas/Ft. Worth Intl. Airport, an hour and a half from Shreveport La. (SHV) and forty-five minutes from the East Texas Regional Airport, Longview (GGG). Transportation to and from the facility will need to be made by the participants.

Lodging Information

Hilton Garden Inn- 905 E. Hawkins Pkwy,
Longview TX
(903-212-3000)

Holiday Inn- 300 Tuttle Circle, Longview, Tx
(903-663-6464)

La Quinta- 908 E. Hawkins Pkwy, Longview, Tx
903-663-6611

Comfort Suites- 3307 N. 4th Street, Longview,
TX
(903-663-4991)

Registration Information

A certificate of attendance will be provided. Contact hours total 27. Courses are not pre-approved unless indicated otherwise.

All attendees will receive a hard copy of the AHA, Inc. Treatment Principles Manual - Level Part 1. The course fee also includes lunch. During the course you will be on and/or working directly with horses. Please have appropriate clothing/ footwear. Helmets will be provided. If your weight exceeds 180 lbs., you may be excused from the mounted portion of the course. Indicate any special needs on the registration form (i.e. food allergies) and by contacting the AHA, Inc. office prior to submitting your registration form.

Cancellation Policies: AHA, Inc. reserves the right to adjust course dates, times and faculty to accommodate unforeseen including cancellation of the course due to insufficient registration up to 3 weeks prior to the scheduled start date. Notification will only be made to advanced registrants. Neither AHA, Inc. nor the course location is responsible for any expenses incurred by registrants due to such adjustments.

Participant cancellation requests must be made in writing no less than 3 weeks prior to the course start date to receive a refund, minus a \$100 administrative fee. No refunds will be given for cancellations received within three weeks prior to the start of the course.



American Hippotherapy Association
Inc.
Presents

Level II – Hippotherapy Treatment Principles

**Course Location/Dates:
Windridge Therapeutic
Equestrian Center**

August 13-16, 2019



*Please email or mail registration information to AHA Inc.
mwood@theahainc.org
2537 Research Blvd. Suite 203
Fort Collins, CO 80526*

Course Description

This curriculum is the follow up to AHA, Inc. Treatment Principles– Level I, with an emphasis on patient treatment and more advanced equine knowledge necessary for hippotherapy as an equine discipline.

Lecture, discussion, collaborative work and actual patient treatment occur over 4 days. Subjects include: recognizing desirable conformation, soundness, and movement qualities of the therapy horse; training, conditioning and monitoring of the therapy horse; understanding optimization of the therapy horse for a patient treatment; and safety principles for the therapy horse and environment. The therapist will learn to identify and convey to the horse handler the necessary skills required to produce quality movement when leading, lunging or long lining the hippotherapy horse in patient treatment and understand the need to educate and train staff and/or volunteers who will be working with the therapy horse. Understanding the requirements to maintain a safe, effective and successful clinic program including billing, documentation and clinical evidence for the inclusion of hippotherapy in the treatment plan. This curriculum is designed to provide and facilitate a problem solving treatment approach, using actual patients currently involved in hippotherapy as part of their physical, occupational or speech therapy treatment plan. Practical applications of the AHA Conceptual Framework, including Dynamic Systems and Motor Learning Principles will be facilitated.

Treatments will be videotaped and reviewed with discussion and instructor feedback to analyze and further advance the learning

experience. This course may be attended by licensed Speech, Physical and Occupational therapists and assistants (PTA, COTA, and SLPA's).

The curriculum may be utilized only under conditions set forth by AHA, Inc.

A few of the course Learning Outcomes include: (for a full list of Learning Outcomes please visit the AHA, Inc. website.

- Therapists will demonstrate understanding of the Hippotherapy Conceptual Framework (HCF) in clinical problem solving by identifying 5 HCF tenets when implementing skilled equine movement into a patient's therapy POC.
- Therapists will apply the hippotherapy conceptual framework in the adult and pediatric populations with neurological impairments in various case scenarios and link it to therapy treatment progression and note writing.
- Therapists will develop and implement a therapy treatment protocol for skilled equine movement, that incorporates horse selection, equipment, and handling; equine movement progression, and integration of hippotherapy to create an adaptive response in the patient's system to address participation restrictions and functional skills in two comprehensive therapy treatment practicums.
- Therapists will demonstrate effective use of equine movement in two comprehensive therapy treatment sessions to enhance treatment outcomes.
- Therapists will demonstrate the use of

appropriate pre- and post-treatment functional outcome measures for therapy patients in two comprehensive treatment practicums.

- Therapists will be able to describe 2 treatment criteria for identifying when hippotherapy, skilled equine movement might no longer be an effective treatment tool/strategy for inclusion in a patient's POC.
- Therapists will be able to describe 3 procedures for due diligence of HIPAA compliance in verbal and written communication among team members when hippotherapy, skilled equine movement is included in a patient's POC.
- Therapists will list and describe 5 ways that the AHA, Inc. Best Practice Guidelines can be demonstrated in the use of hippotherapy, skilled equine movement in clinical practice.

Registration Form – Level II August 13-16, 2019

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____

Email: _____

*AHA, Inc. Member #: _____

New memberships are accepted.

Join today at www.americanhippotherapyassociation.org.

Credentials to be listed on course certificate:

Height _____ Weight _____

Special needs, mobility restrictions, diet, etc. **Please notify the AHA, Inc. office prior to completing this registration of your special needs.**

Registration is limited.

Early registration on or before July 31, 2019

_____ \$950.00 for AHA, Inc. Member

_____ \$1,050.00 for Non-AHA, Inc. Member

After July 31, 2019

_____ \$1,050.00 for AHA, Inc. Member

_____ \$1,150 for Non-AHA, Inc. Member

___ Check - payable to AHA Inc.

___ Charge MC VISA AM EX

Name on Card _____

Card Number _____

Exp. Date _____ Security Code _____

Billing zip code _____