

Faculty

Pippa Hodge, BSR, SCSP, MCPA, HPCS

Pippa is a Physiotherapist specializing in pediatrics. She works as a consultant in the school district and infant development programs. She was instrumental in developing Valley Therapeutic Equestrian Association, where she treats adults and children using Hippotherapy. She is an examiner for the Canadian Therapeutic Equestrian Association (CANTRA) and is a member of the CANTRA Medical Committee. She has been active in therapeutic riding since the early 1980's. Pippa has taught workshops in the UK, New Zealand, Australia, and in the USA, as well as most Provinces in Canada. Pippa is a founding member and board member of the American Hippotherapy Association and attended the Rommel Klinik, in Germany. In 1990 she produced a video "Analysis of Horse & Human Movement" which has sold internationally and won first prize for research in the 1997, 2nd Festival du Film Hanid Cheval in France. Speaker Disclosure: Financial: Pippa Hodge is an independent contractor for the AHA, Inc. and receives a fee from AHA, Inc. for this program. Non-Financial: Pippa Hodge is a member of the AHA, Inc.

Joann Benjamin, PT, HPCS

Joann has been practicing Physical Therapy for more than 30 years, specializing in the use of Hippotherapy for children and adults. She has a background in neuro rehab, and currently specializes in pediatrics/early intervention, working in the Los Angeles area. She has taught about Hippotherapy internationally as a Faculty Coordinator with the American Hippotherapy Association (AHA, Inc). She is Board Certified as a Hippotherapy Clinical Specialist. She served on the board for the American Hippotherapy Association, Inc. and the American Hippotherapy Certification Board (AHCBS). She serves on the Adaptive Sports Committee and the Para Equestrian Technical Committee with the USEF, and is a Classifier for the USEF and the FEI for competitive dressage and driving for equestrians with disabilities. Speaker Disclosure: Financial: Joann Benjamin is an independent contractor for the AHA, Inc. and receives a fee from AHA, Inc. for this program. Non-Financial: Joann Benjamin is a member of the AHA, Inc.

Course Location



Little Bit Therapeutic Riding Center –
Dunmire Stables
18675 NE 106th St.
Redmond, WA 98052
Phone: 425-882-1554
LBtherapy@littlebit.org

Travel Information

Nearest Airport: Seattle-Tacoma (SEATAC)
International Airport.

Lodging Information

Hotel Information: Comfort Inn
12204 NE 124th St
Kirkland, WA 98034
(425) 821-8300



"AHA, Inc. is an AOTA Approved Provider of continuing education. Provider #: TBA. Full attendance at this course qualifies for 27 contact hours or 2.7 CEUs in the Category of Domain of OT and Occupational Therapy Process. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Intermediate."



"AHA, Inc. is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. Full attendance at this course qualifies for 27 contact hours or 2.7 CEUs the assignment of ASHA CEUs does not imply endorsement of course content, specific products, or clinical procedures. Course Level: Intermediate."

A Certificate of Attendance will be provided. Contact hours are 27 hours. Courses are not pre-approved for continuing education credit(s) unless otherwise indicated.

Registration Information

All attendees will receive a hard copy of the AHA, Inc. Treatment Principles Manual - Level II. The course fee also includes lunch.

During the course you will be on and/or working directly with horses. Please have appropriate clothing/footwear. Helmets will be provided. If your weight exceeds 180 lbs., you may be excused from any mounted portion of the course. Indicate any special needs on the registration form (i.e. food allergies) and by contacting the AHA, Inc. office prior to submitting your registration form.

The criteria for satisfactory completion of this course are: (1) documented attendance for the entire course, (2) learners' demonstration of their acquisition of skills through satisfactory completion of interactive practicums and/or active participation in course discussions; and (3) completion of the course evaluation form.

Cancellation Policies: AHA, Inc. reserves the right to adjust course dates, times and faculty to accommodate unforeseen circumstances including cancellation of the course due to insufficient registration up to 3 weeks prior to the scheduled start date. Notification will only be made to advanced registrants. Neither AHA, Inc. nor the course location is responsible for any expenses incurred by registrants due to such adjustments.

Participant cancellation requests must be made in writing no less than 3 weeks prior to the course start date to receive a refund, minus a \$100 administrative fee. No refunds will be given for cancellations received within three weeks prior to the start of the course.

This course may be attended by licensed Speech-Language, Physical and Occupational therapists and therapy assistants (PTA, OTA, SLPA). There is no participant substitutions due to the pre-requisite requirement.

The curriculum may be utilized only under conditions set forth by AHA, Inc.



American Hippotherapy Association
Inc.

Presents

**Level II – Hippotherapy
Treatment Principles**

Course Location/Dates:

**Little Bit Therapeutic
Riding Center**

April 4-7, 2019



*Please email or mail registration information to AHA Inc.
mwood@theahainc.org
2537 Research Blvd. Suite 203
Fort Collins, CO 80526*

Course Description

This curriculum is the follow up to AHA, Inc. Treatment Principles– Level I, with an emphasis on patient treatment and more advanced equine knowledge necessary for hippotherapy as an equine discipline. Lecture, discussion, collaborative work and actual patient treatment occur over 4 days.

Subjects include: recognizing desirable conformation, soundness, and movement qualities of the therapy horse; training, conditioning and monitoring of the therapy horse; understanding optimization of the therapy horse for a patient treatment; with emphasis on safety principles. Students will learn to identify and convey to the horse handler the necessary skills required to produce quality movement in the hippotherapy horse in patient treatment and understand the need to educate and train staff and/or volunteers who will be working with the therapy horse.

This curriculum is designed to provide and facilitate a problem solving treatment approach, using actual patients currently involved in hippotherapy as part of their physical, occupational or speech therapy treatment plan. Practical applications of the AHA Conceptual Framework, including Dynamic Systems and Motor Learning Principles will be facilitated.

Treatments will be videotaped and reviewed with discussion and instructor feedback to analyze and further advance the learning experience. Content will include information necessary to successfully incorporating equine movement as a treatment tool into therapy practice. The learning outcomes will be assessed during participation in active learning activities, learner demonstration of skills during practicums, and class discussions and small group work.

Course Schedule

Day 1

8:00 Introduction
8:30 Horse Movement/Patient Response
9:00 Hippotherapy Conceptual Framework
10:00 Break
10:15 Analysis of the Therapy Horse
11:15 Effects of Good Horse Handling.
12:00 Lunch
12:45 Halter Leading Practicum
1:30 Equipment Options in Leading
2:15 Break
2:30 Safety Rules and Side Walking Protocols.
3:15 Matching Horse to Patient
3:45 Review Patient Videos/Descriptions
4:30 Equipment Options
5:15 Wrap up

Day 2

8:30 Questions/Review
9:30 Dynamic Assessment
10:00 Break
10:15 Demo of Lunging/Long Lining
10:45 Long Lining Practicum-Horseless
11:15 Develop Treatment Plans
12:15 Lunch
1:00 Patient Observations practicum (non-treating therapists)
2:15 Break
2:30 Patient Observations practicum (non-treating therapists)

4:00 Video review
5:30 Wrap up

Day 3

8:30 Questions/Review
8:45 Long Lining Practicum
10:00 Long Lining/Leading –Evaluation Practicum
10:45 Break
11:00 Horse Training and Performance
11:45 Meet to modify treatment plans
12:15 Lunch
1:00 Patients 1,2,3
Documentation (non-treating therapist)
2:15 Break
2:30 Patients 4,5
Documentation (non-treating therapists)
3:45 Discussion/Review of Videos
5:15 Wrap up

Day 4

8:30 Questions/Review

8:45 Billing/Coding/Business issues

10:00 Break

10:15 Standards of Practice and AHCB Certifications

11:15 Lunch

11:45 Evidence Based Practice/Research,

12:15 AHA Resources

1:00 Review Objectives

1:45 Course Evaluations

2:15 End

Learning Outcomes

AT THE CONCLUSION OF THE COURSE, STUDENTS WILL BE ABLE TO:

Explain the application of five tenets of the Hippotherapy Conceptual Framework when developing a treatment plan that incorporates equine movement and assessing treatment results towards functional outcomes.

Identify and explain the rationale for five components of treatment planning, implementation and modification with the use of hippotherapy/skilled equine movement in a realistic treatment scenario.

Describe three examples of effective use of skilled equine movement to address identified patient impairments during participation in therapy session practicums.

Describe two treatment criteria to establish when hippotherapy/skilled equine movement is no longer the most effective treatment tool/strategy to achieve established patient goals.

List and describe five components of the AHA, Inc. Best Practice Guidelines that can guide clinical practice when hippotherapy/skilled equine movement is incorporated into the Plan of Care.

Registration Form – Level II

April 4-7, 2019

Name: _____

Address: _____

City: _____ State: ___ Zip: _____

Phone: _____

Email: _____

*AHA, Inc. Member #: _____

New memberships are accepted.

Join today at www.americanhippotherapyassociation.org.

Please include a copy of your Level I Course Certificate with registration

Credentials to be listed on course certificate:

Height _____ Weight _____

Special needs, mobility restrictions, diet, etc.

Please notify the AHA, Inc. office prior to completing this registration of your special needs.

Registration is limited.

Early registration on or before March 14, 2019

_____ \$950.00 for AHA, Inc. Member

_____ \$1,050.00 for Non-AHA, Inc. Member

After March 14, 2019

_____ \$1,050.00 for AHA, Inc. Member

_____ \$1,150 for Non-AHA, Inc. Member

___ Check - payable to AHA Inc.

___ Charge MC VISA AM EX

Name on Card _____

Card Number _____

Exp. Date _____ Security Code _____

Billing zip code _____