

Faculty

Joann Benjamin, PT, HPCS

Joann has been practicing Physical Therapy for more than 30 years, specializing in the use of Hippotherapy for children and adults. She has a background in neuro rehab, and currently specializes in pediatrics/early intervention, working in the Los Angeles area. She has taught about Hippotherapy internationally as a Faculty Coordinator with the American Hippotherapy Association (AHA, Inc). She is Board Certified as a Hippotherapy Clinical Specialist. She served on the board for the American Hippotherapy Association, Inc. and the American Hippotherapy Certification Board (AHCB). She was a recipient of the AHA Therapist of the Year in 2017. She serves on the Adaptive Sports Committee with the USEF, and is a Para-Equestrian Classifier for the USEF and the FEI for competitive dressage, driving and reining for athletes with disabilities. Speaker Disclosure: Financial: Joann Benjamin is an independent contractor for the AHA, Inc. and receives a fee from AHA, Inc. for this program. Non-Financial: Joann Benjamin is a member of the AHA, Inc.

Course Location

4211 Valley View
Ave. Norco CA
92860



Travel Information

Closest airport: Ontario airport about a 20 minute drive.

Los Angeles or Burbank airports about a 2 hour drive

Orange county airport about 1 hour

Lodging Information

Fairfield Inn 3441 Hamner Ave. Norco, CA 92860

Phone: (951) 340-4500

Hampton Inn 1530 Norco CA 92860.

Phone: (951) 279-1111



“AHA, Inc. is an AOTA Approved Provider of continuing education.

Provider #: 11414. Full attendance at this course qualifies for 27 contact hours or 2.7 CEUs in the Category of Domain of OT, Occupational Therapy Process, and Professional Issues . The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Introductory.”



and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

American Hippotherapy Association, Inc. is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology

This program is offered for 2.7 ASHA CEUs Introductory level; #3010 area.

Courses are not pre-approved for continuing education credit(s) unless otherwise indicated. There are no CEUs for Equine Skills pre-requisite. Students will receive CEUs for the one day online module

Registration Information

The criteria for satisfactory completion of this course are: (1) documented attendance for the entire course, (2) learners’ demonstration of their acquisition of skills through satisfactory completion of interactive practicums and/or active participation in course discussions; and (3) completion of the course evaluation form.

All attendees will receive a hard copy of the AHA, Inc. Treatment Principles Manual - Part 1. The course fee also includes lunch. During the course you will be on and/or working directly with horses. Please have appropriate clothing/ footwear. Helmets will be provided. If your weight exceeds 185 lbs., you may be excused from the mounted portion of the course. Indicate any special needs on the registration form (i.e. food allergies) and by contacting the AHA, Inc. office prior to submitting your registration form.

Cancellation Policies: AHA, Inc. reserves the right to adjust course dates, times and faculty to accommodate unforeseen circumstances including cancellation of the course due to insufficient registration up to 3 weeks prior to the scheduled start date. Notification will only be made to advanced registrants. Neither AHA, Inc. nor the course location are responsible for any expenses incurred by registrants due to such adjustments. All participant cancellation requests must be made in writing no less than 3 weeks prior to the course start date to receive a refund, minus a \$100 administrative fee. No refunds will be given for cancellations received within the 3 weeks prior to the start of the course.

This course may be attended by licensed Speech-Language, Physical and Occupational therapists and therapy assistants (PTA, OTA, SLPA). There is no participant substitutions due to the pre-requisite requirement.

The curriculum may be utilized only under conditions set forth by AHA, Inc.



American Hippotherapy Association Inc.
Presents

Hippotherapy

Treatment Principles –

Part 1

Course Location & Dates:

Leaps and Bounds

Pediatric Therapy

October 4-6, 2019



Please email or mail registration information to AHA Inc.
mwood@theahainc.org
2537 Research Blvd. Suite #203
Fort Collins, CO 80526

Course Description

Course prerequisite: Successful completion of the on-line “Intro to Equine Skills” test reviewing equine care and management (no CEUs for this requirement). Completion of the course prerequisite must be done at least 3 weeks prior to the start of the Part 1 course. AHA, Inc. staff will confirm with that the test has been completed and passed. The cost of the test is \$35.00. Visit the AHA, Inc. website under “Curriculum Overview,” to locate the link to purchase the on-line “Intro to Equine Skills” test.

Course Overview: This course is an overview of the principles of hippotherapy, designed for therapists (PT, OT, SLP, PTA, COTA, SLPA) interested in utilizing hippotherapy in their practice. The course is equivalent to 4 days total instruction: **1 day of on-line study prior to 3 days of in person instruction.** The on-line study consists of foundational information required for an understanding of the principles of hippotherapy.

Part I Treatment Principles Learning Objectives and Outcomes: Occupational therapists, physical therapists, and speech therapists taking this course will gain an understanding of the principles, history, theory and research of the application of hippotherapy --skilled equine movement--as a treatment strategy/tool within a plan of care (POC) in OT, PT and SLP practice. Therapists will observe and analyze a therapy treatment with skilled equine movement, and discuss the adaptive responses in the patient. Therapists will be introduced to skilled equine movement and the effect of the horse’s conformation and movement on the systems of the human body for implementation in a POC for a variety of diagnoses and patients. The following learning outcomes will be assessed during participation in active learning activities, learner demonstration of skills during practicums, and class discussions and small group work.

Learning Outcomes for Part I Treatment Principles:

- Therapists will be able to define the term hippotherapy, skilled equine movement and identify at least 3 primary principles of hippotherapy.
- Therapists will be able to list and describe at least 5 key considerations in patient evaluation for determining if hippotherapy, skilled equine

movement, should be included in a patient’s Plan of Care.

- Therapists will be able to list and describe at least 6 precautions/contraindications that should be considered when deciding on the inclusion of hippotherapy, skilled equine movement into a patient’s plan of care and describe appropriate safety procedures during intervention.
- Therapists will be able to list and describe the 5 primary parameters with respect to matching patient impairment, size and functional limitation and horse size, gait and temperament for optimal and safe incorporation of skilled equine movement into a POC to maximize functional outcomes.
- Therapists will be able to describe the effect of skilled equine movement on at least 3 different patient diagnoses as related to their systems impairment, participation restriction and functional outcomes through participation in a treatment planning practicum.
- Therapists will demonstrate correct documentation in writing treatment and progress notes related to the current use of equine movement in OT, PT and SLP practice.
- Therapists will be able to list 3 examples of how the therapist using skilled equine movement incorporates the AHA Best Practice Guidelines into practice.
- Therapists will be able to cite 3 current research articles applicable to hippotherapy, skilled equine movement.

Course Schedule:

Day 1

- 7:30 Registration & Introductions - Discuss therapy and equine background
- 8:15 Review Objectives (need for CEU’s)
Hippotherapy – Rationale and the AHA description, Horse Gaits, Desirable Qualities of Equine Motion, Aspects of the Horse’s walk that can be manipulated, Training and Maintenance, Horse Handling
- 9:15 Conformation and Movement Analysis of 3 – 4 horses
- 10:15 BREAK**
- 10:30 Human and Horse Movement Interaction
Posture and Balance
- 12:30 LUNCH**

- 1:15 Tour of Facility and Tack Room
- 1:30 Horse Handling and Safety Demonstration
- 2:15 Leading Demo and Practicum
- 3:15 BREAK**
- 3:30 Mounted Practicum #1 opportunity to experience 3 dimensions of motion
Review and Discussion
- 4:30
- Day 2**
- 8:00 Faculty demonstration and Participant practicum – Motor Tasks and Impairment
- 10:00 BREAK**
- 10:15 Theory of Dynamic Systems
- 11:00 Practice Transfers with horses - Practice Emergency procedures, Side walker training, working with Horse Handler
- 12:00 LUNCH**
- 12:45 Mounted Practicum # 2
- 1:45 Review of mounted practicum as a treatment session Horse Selection and Patient Selection; Unique Contributions of the Horse; Position Options and Alternative Positions
- 3:15 BREAK**
- 3:30 GROUP WORK – Treatment Teams develop treatment plan for a paper patient
- Day 3**
- 8:00 Treatment Plan Presentations – Group Discussions
- 9:15 Practicum - Position Options & Alternative Positions
- 10:45 BREAK**
- 11:00 Review of ICF model
- 12:00 LUNCH**
- 12:45 Patient Demonstrations
- 2:00 Discuss Patient Demonstrations and their observations; Review AHA and PATH Relationship; AHCB and credentialing; Review other AHA Courses; Final Question and Answer discussion

Registration Form October 4-6, 2019 Leaps and Bounds

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____

Email: _____

*AHA, Inc. Member #: _____

New memberships are accepted.

Join today at www.americanhippotherapyassociation.org.

Credentials to be listed on course certificate:

Height _____ Weight _____

Special needs, mobility restrictions, diet, etc. **Please notify the AHA, Inc. office prior to completing this registration of your special needs.**

Registration is limited.

Early registration on or before Sept. 13, 2019

_____ \$850.00 for AHA, Inc. Member

_____ \$950.00 for Non-AHA, Inc. Member

After Sept. 13, 2019

_____ \$925.00 for AHA, Inc. Member

_____ \$1,025 for Non-AHA, Inc. Member

___ Check - payable to AHA Inc.

___ Charge MC VISA AM EX

Name on Card _____

Card Number _____

Exp. Date _____ Security Code _____

Billing zip code _____